LATEX GLOVES

COVID can live on surfaces such as latex gloves for a prolonged period of time. When on outreach, try to bring multiple pairs of gloves in case of wear and tear. Be mindful not to touch your face (especially your mouth, eyes and nose) while wearing the gloves. When removing gloves make sure not to touch your skin.

Here is a video demonstrating how to remove your gloves
- Remove the first glove by pinching the palm section with your other hand, and pulling it off.
- Ball that glove up in the hand with the glove still on.
- Then, slide the fingers of the gloveless hand under the glove in order to pull your covered hand out of the glove.
- Both of your gloves should be balled into one.

Be sure to throw your gloves away in a garbage can and wash your hands with soap and water.

HAND WASHING

Wash your hands as often as possible, especially between interactions where you’re exchanging supplies or having other kinds of physical contact. Soap and water are especially helpful because they create a layer that helps to keep germs from staying on your skin. While you’re on outreach and for folks who do not have access to soap and water, hand sanitizer is a good substitute. Alcohol based sanitizer is recommended.

Like soap, hand sanitizer is not always available to us. For these situations alcohol pads are a good option. Try to use one pad per hand, and dispose of them after one use.

FACE MASKS

Since face masks are being reserved for medical professionals working with COVID patients, face masks are very limited. Other options for protecting yourself are using homemade masks, or covering your face with something such as a scarf or bandana. Although face masks don’t provide 100% protection against COVID, it reduces risk.
OUTREACH DURING COVID
TIPS FOR YOUR OUTREACH METHOD

STANDING SITE

Do your best to maintain six feet between any staff or participants. If you have a table, consider pre-packaging your materials and placing them on the table. This can help to prevent long wait times, and reduces touching the materials. Staff/volunteers can stand 6 feet from the table and one participant at a time can approach and take their supplies. Minor steps such as these can be taken to have a safer experience. If a van is an option, service and outreach can be done from the vehicle.

PDSE

If possible, avoid groups of people and try and speak with people one-on-one. If that is not possible, try to maintain a 6th distance and limit transactions (give everyone their supplies at one time). If you are completing paperwork, complete it after you are finished with the transaction and more than 6 ft away. Be sure to wash hands, sanitize or alcohol swab hands after every transaction/contact.

WASTE PICK-UP

Be sure to always have gloves on, and also be sure to check regularly for tears in gloves. Maintain distance from crowds and avoid physical contact with other people, including co-workers. DO NOT touch anything with your bare hands. Be sure to wash hands thoroughly after handling Haz-Mat Equipment.